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Physiotherapist Workforce Engagement

On 5th August 2013, Miles Aitkinson, who is a physiotherapist from Duradiamond, attended C435 Farringdon and carried out 3 toolbox talks around the site and provided one to one advice with those who wanted consultation. This was very successful and throughout the day 80 people came and listened to the toolbox talks on manual handling, back and lower limb injuries, and posture. In addition to the toolbox talks Miles provided one to one sessions for 20 people.

Particular interest was raised when using the aid of the model spine. Miles demonstrated how to decrease the risk of back injuries and how manual handling is important in every day to day activity especially in the construction industry.

The feedback has been positive and C435 look forward to future visits from Miles.

